## Commitment

ROSE Advocates is a confidential network offering resources to abused children and adults since 1988. We are committed to helping each person begin a safe life for themselves and their families. We strive to provide an environment that nurtures empowerment, self-esteem and self-worth.

ROSE Advocates is committed to providing a multicultural and diverse program that responds to the spiritual, emotional and physical needs of all abused people in our communities.

#### **Victim Services**

- Advocacy / Domestic Violence & Sexual Assault
- Rural Outreach Services
- Crisis Intervention / Counseling
- Emergency Shelter / 24 Hour Crisis Line
- Protection Order Assistance/Orientation
- Court Advocacy Accompaniment
- Children's Group
- Journey Beyond Abuse (Women's Group)
- Love & Logic Parenting Class
- Safety Planning
- Assistance With Victims Compensation
- Transportation for Emergency Services
- Child Abuse Awareness & Prevention
- Community Awareness & Prevention
- Collaboration & Referral Partnerships



## Locations

# **Weiser Office**

27 W. Commercial Street Weiser, ID 83672 (208) 414-1231

# **Payette Office**

1520 1st Avenue South Payette, ID 83661 (208) 642-1025

# **Council Office**

204 Council Avenue Council, ID 83612 (208) 253-4949

# **Emmett Office**

126 N. Washington Emmett, ID 83617 (208) 365-1615



# Against Domestic Violence & Sexual Assault

- Engaging Communities
- Inspiring Change
- Transforming Lives

# **24 CRISIS LINE** HOUR (208) 414-0740

ROSE Advocates Family Resource Center for Southwest Idaho: Adams, Boise, Gem, Payette, and Washington Counties.

#### **If You Are A Victim**

#### Safety is the FIRST Priority

- Call the police or sheriff. INSIST ON A REPORT
- Seek medical care immediately. Let the doctor know you've been abused.
- Keep detailed records or incidents of abuse.
- Arrange to stay with friends, family, rent a room or call for housing.
- Do not let your partner isolate you from those who can help you in the future. Talk to someone you trust.

#### **Violence occurs in cycles:**

- I. Tension building
- 2. Explosion
- 3. Honeymoon period

Think how your partner prevents you from leaving and prepare for that possibility. **TRUST YOUR INSTINCTS.** Plan ahead so that when a violent episode is imminent you can leave before the attack happens.

#### Civil Protection Order

A protection order is a written court order designed to prohibit violent and harassing behavior, and to protect you and your family from the abuser. It stresses the enforcement of the laws to protect the victim, and communicates the attitude that violent: behavior in the home, by an intimate partner or dating relationship is criminal behavior and will not be tolerated. A protection order may be obtained at NO COST and WITHOUT an attorney, Rose Advocates can answer your questions and assist you in filling out necessary forms.

#### What is Domestic Violence?

Domestic Violence is about one person getting and keeping power and control over another person in an intimate or family relationship. It is a pattern of abusive behavior where one person uses physical violence, coercion, threats; intimidation, isolation, and emotional, sexual, or economic abuse to control and change the behavior of the other partner. Domestic Violence happens to people of all ages, ethnicities) religions; income levels and backgrounds.

#### Questions to Ask Yourself

- Are you afraid of your partner?
- Has your partner ever hurt or threatened to hurt you or someone you care about?
- Does your partner force you to engage in sexual activities that make you uncomfortable?
- Do you constantly worry about your partners moods and change your behavior to deal with them?
- Does you partner try to control where you go, what you do and who you see?
- Does you partner constantly accuse you of having affairs?
- Have you stopped seeing family and friends to avoid your partner's jealousy or anger?
- Does your partner control your finances
- Does he/she threaten to kill himself/herself if vou leave?
- Does your partner claim his/her temper is out of control due to alcohol, drugs or because he/she had an abuse childhood?

If you answer yes to some or all of there questions, you could be suffering from abuse.

# Rape is a Sexual Act committed against a person's will.

THOUSANDS OF RAPES ARE REPORTED EACH YEAR and thousands more go unreported.
RAPE IS A VIOLENT CRIME that we need to stop.
RAPE IS A CRIME THAT AFFECTS EVERYONE!

Victims of rape suffer physical and emotional trauma that include:

- Loss of trust in people
- Low self-esteem
- Depression

Partners, other family members and friends suffer with the victims. Their relationship with the victim may change. Rape can also affect the quality of life in a community by creating fear.

#### WHAT TO DO AFTER A RAPE OR ASSAUALT?

- GET TO A SAFE PLACE
- CALL 911 or a rape crisis center
- DON'T SHOWER
- DON'T DOUCHE, BRUSH YOUR TEETH
- DON"T CHANGE YOUR CLOTHES

You might destroy medical evidence. Go to a hospital emergency department. You can get treatment for any injuries and needed tests. Tell the police. This is an important part of ending the rape, but you should be comfortable with your decision. Find out all you can about reporting the rape. Call the ROSE Advocates 24 Hour Crisis Line, (208) 414-0740, for more information and support.