# **Get Love and Logic**®

# Parenting the Love and Logic Way ™

### Love & Logic Fact Sheet What Is Love and Logic All About?

The Love and Logic Institute is dedicated to making parenting and teaching fun and rewarding, instead of stressful and chaotic. We provide practical tools and techniques that help adults achieve respectful, healthy relationships with their children. All of our work is based on a psychologically sound parenting and teaching, whole-child philosophy called Love and Logic.

# What Is Love and Logic?

Children learn the best lessons when they're given a task and allowed to make their own choices (and fail) when the cost of failure is still small. Children's failures must be coupled with love and empathy from their parents and teachers.

This practical, research-based philosophy is backed with over 40 years of experience. Parents can apply it immediately to a wide range of situations instead of struggling with difficult counseling procedures.

# Who's Behind It?

Jim Fay - founder and former school principal - <u>view biography</u> Foster W. Cline, M.D. - founder and psychiatrist - <u>view biography</u> Charles Fay, Ph.D. - president and school psychologist - <u>view biography</u>

### Why Does It Work?

Uses humor, hope, and empathy to build up the adult/child relationship Emphasizes respect and dignity for both children and adults Provides real limits in a loving way Teaches consequences and healthy decision-making

### What Parents and Educators Have to Say

"After studying this parenting program, 'Becoming a Love and Logic Parent,' I rave about the fact that it has helped me and other parents I know develop usable, practical skills, as opposed to just learning another theory about what I should be doing."

- Peter Burnett, parent, Portland, OR.

"My teachers and I could see the advantages to the school of putting parents' back in control.' My job as a school administrator is much less stressful now thanks to Love and Logic." - Judy Griswold, principal, Aurora, CO.